



Teresa Kay-Aba Kennedy, Ph.D., MBA

International Keynote Speaker & Host

**Health & Productivity * Stress Management * Motivation * Success
Sustainability * Leadership**

Dr. Terri Kennedy is a health, productivity and empowerment expert providing practical advice for a successful and sustainable life. As former Vice President of Business Operations at MTV Networks and researcher at Harvard Business School, she blends real-world experience with research-driven principles. She grew up in a “green” holistic household and is a national spokesperson for the American Heart Association and ambassador for HealthCorps. In 2009, the World Economic Forum selected her as a Young Global Leader. She has participated in Forums in Brazil, China, Jordan, Morocco, South Africa and Tanzania, and has been a discussion leader for the Annual Meeting in Davos, Switzerland. She is the author of multiple books/CDs and has been featured in media from CNN, NBC and Hallmark to Oprah’s book *Live Your Best Life!*

“From start to finish, we thoroughly enjoyed working with Dr. Kennedy. She instantly connected with our 800 participants. She is very interactive and engaging, offering useful information as well as inspiration. If you want a dynamic and knowledgeable speaker, then I wholeheartedly recommend Dr. Kennedy.”

Lara Diamond Phillips
Sharp HealthCare

SAMPLE LIST OF CLIENTS

- Albany College of Pharmacy & Health Services
- American Diabetes Association
- American Heart Association
- Bloomberg Media
- Clarins Beauty
- Cleveland Clinic's Speaking of Women's Health
- Congressional Black Caucus
- Cruise Lines International Association
- Deloitte Financial Advisory Services
- El Mercurio (Chile)
- Eileen Fisher
- Essence Communications
- Glamour Magazine
- Harvard Business School
- HealthCorps
- Institute for Integrative Nutrition
- Integrative Healthcare Symposium
- Lakeshore Public Television & Radio
- Macy's Corporate
- The Massachusetts Conference for Women
- National Institutes of Health
- National Sales Network
- NYC Bar Association
- NYC Department of Consumer Affairs
- NYC Department of Education
- NYC Department of Health
- NY State Council of Health-system Pharmacists
- Nia Enterprises Women's Leadership Summit
- PricewaterhouseCoopers
- Right Management
- Social Venture Network
- The Massachusetts Conference for Women
- Touro College of Osteopathic Medicine
- Urban Zen Foundation
- WIE Symposium (Women: Inspiration & Enterprise)
- Women in Leadership Development