

December 20, 2010

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To Whom It May Concern:

I am delighted to write this letter of recommendation for Teresa Kay-Aba Kennedy. She was the morning keynote speaker for our Speaking of Women's Health Conference on November 20, 2010 in San Diego. Her topic was "Power Living: Think, Eat & Live on Purpose." She also led an afternoon breakout session, "PWR Detox: Cleanse your Body, Mind & Spirit."

From start to finish, we thoroughly enjoyed working with Dr. Kennedy. Looking through the evaluations, she was a hit with the attendees as well. She instantly connected with our 800 participants. Some of them said that she was the favorite part of their day. Her personal story resonated with the audience and her positive energy got them on their feet. She is very interactive and engaging, offering useful information as well as inspiration. There was standing room only for her breakout session, and her book signing table was crowded.

Some of the attendees comments:

*"I enjoyed Dr. Kennedy. She really helped me feel inspired to start to care for myself and evaluate my priorities."*

*"The opening speaker Terri Kennedy was fabulous! She was very motivating."*

*"Dr. Terri Kennedy's keynote presentation was great. I could have listened to her all day!"*

*"I really enjoyed Dr. Teresa Kennedy. She was very good...insightful, motivating and energizing."*

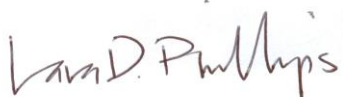
*"Very informative and information I can implement right away. Outstanding speaker!"*

*"Knowledge is "power" to heal. Thank you so much for it, Dr. Kennedy!"*

*"Dr. Kennedy is dynamic and knowledgeable and really made it seem like everyone can take the steps to live healthfully."*

If you want a dynamic and knowledgeable speaker, then I wholeheartedly recommend Dr. Kennedy. Please feel free to call me at 858-499-4055 if you have any questions. Thank you.

Sincerely,



Lara Diamond Phillips