



## **The Health Enhancement Company**

"Where Company Needs and Employees Needs Meet"

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To Whom It May Concern:

I have had the distinct pleasure of working with Dr. Terri Kennedy on two occasions. She came highly recommended to me by a colleague at the Cleveland Clinic. Therefore, my company booked her to lead a stress management presentation for one of our top clients, Bloomberg Media. Since she did such a stellar job the first time, we had her back to lead an intensive workshop.

She is a fabulous presenter. Her real-world experience as a senior executive at MTV Networks gave her an instant connection with the group. I know that all participants walked away with at least one tool to help them recognize their stressors and will be able to put into action one of the many exercises that she demonstrated. It is clear that she knows the material and her positive energy is infectious. Feedback from the most recent event this week says it all: "Dr. Kennedy was just plain awesome!"

I would certainly recommend her for future speaking events. If you have any questions, I can be reached directly at 718-853-1600. Thank you.

Sincerely,

Donna DeFalco

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